



# HOLIDAY WRITING



We are so happy you are joining us for **Capturing Your Holidays Through Writing** as we come together to find ways to create joy and new traditions through writing.

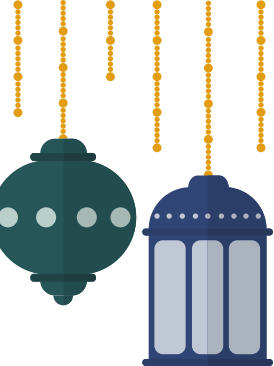
In this workshop, we will share some prompts that will help you recall holiday memories and traditions. You will then brainstorm ideas to create some holiday writing drafts of poems or short pieces that you can share with family and friends.

In a second workshop, **Writing as a Gift**, share with the group what you've been working on and inspire others. You'll have focused time and templates offered to put some finishing touches on your pieces and create ways to "publish" and share your gift with others.

Remembering traditions and memories serves to connect us with family and friends and can bring familiarity and comfort, especially during this holiday season. We truly hope these activities spark a tradition within your family and bring some joy and nostalgia to your loved ones near and far this holiday season.

**Happy Writing & Happy Holidays to you!**





# CELEBRATIONS



Describe your holiday celebrations:

- Who usually hosts and what dishes are served? (Which ones do you look forward to and which ones do you not care for?)
- Who are the family and friends you celebrate with?
- What is a tradition that is unique to your family during the holidays? What makes that tradition meaningful or fun to you?

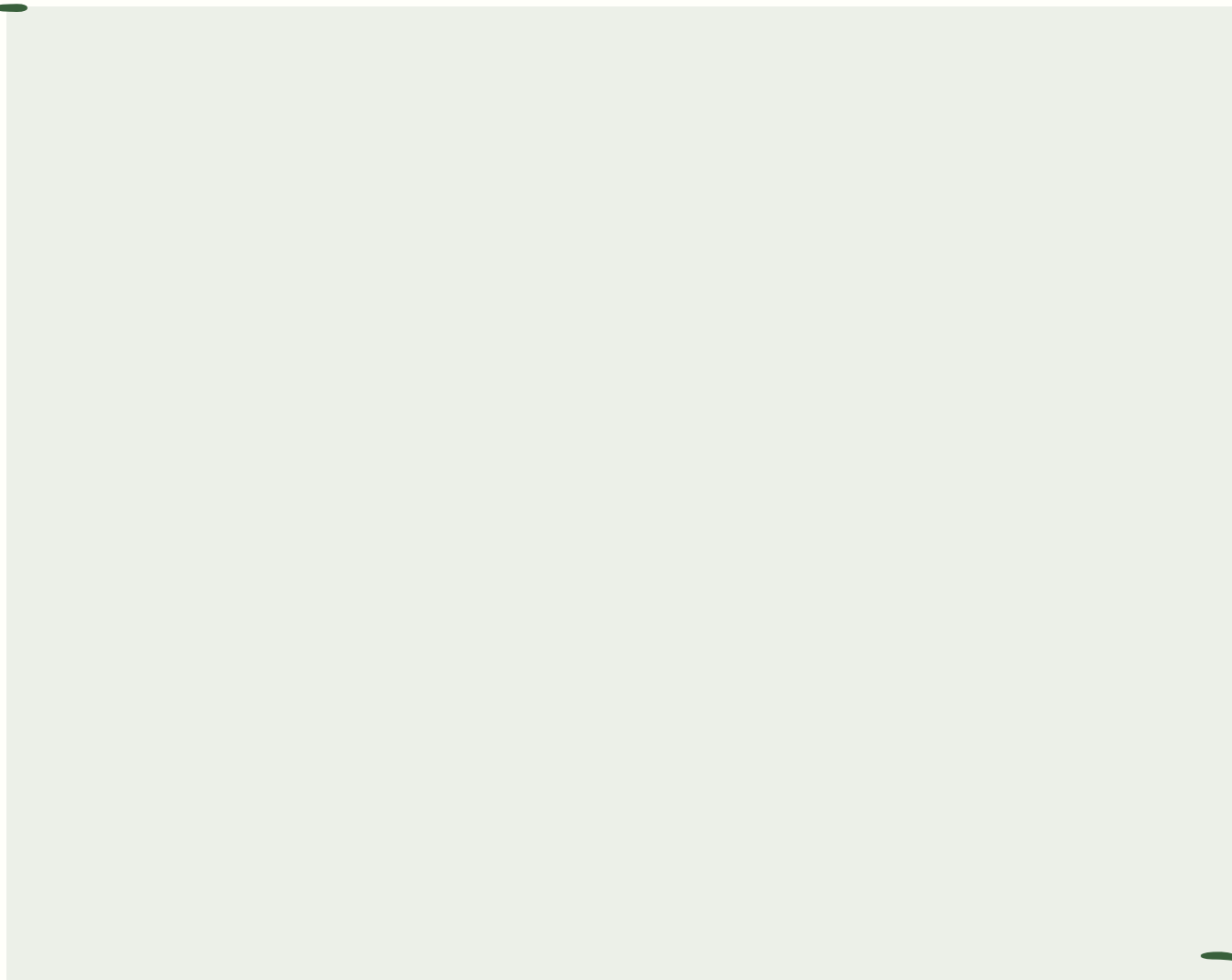




## SENSES

Senses have a deep impact on our memories, smell in particular.


- Think about the holidays from the perspective of senses and choose one sense to focus on.
- What does that evoke for you?
- Some examples include: the smell of the latkes cooking in oil, the glint of gelt, the scent of the Christmas tree or cookies baking, the lights of the candles, diya and lanterns, the sound of the minaret or drums, the sweet taste of dates, the scratchy feeling of dress clothes.



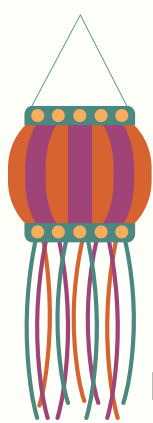


# GIFTS

Oftentimes gifts are shared during the holidays. Think back on some of the gifts you've given and received over the years:

- What is your favorite gift you remember receiving, and why was it your favorite?
  - What was the gift through the years you were most excited to give, and who was it for? Why were you excited to give it?
  - Did you ever receive a gift that was unusual or not exactly what you were hoping for?
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## SHARING

Now that your creativity is flowing and you have some beautiful pieces started, here are some ideas for refining and sharing:

- Send your memories to family members to inspire them to reminisce and reflect.
- Invite your family members to share their memories with you, maybe compile a group document/book or blog post or links on social media with some highlights.
- Choose a family member to interview, I suggest finding your oldest living relative~I bet they have some stories to tell.



My inspired action plan:

