



Letters to Healthcare Workers



Writing down your appreciation for our community's healthcare workers is a great way to thank them for their dedication and passion for serving our community. Words of thanks are appreciated at any time, but the pandemic poses a unique situation where the doctors, nurses, EMTs and other healthcare professionals in our community are working especially hard.

Any healthcare worker would appreciate hearing heartfelt words during these challenging times. YpsiWrites and the Washtenaw Intermediate School District are partnering with two local organizations to ensure that your class's cards and letters reach their staff members. Direct your class-generated materials to one of the following two organizations:

St. Joseph Mercy Health System (St. Joseph Mercy Ann Arbor Hospital)

St. Joseph Mercy Ann Arbor is a teaching hospital located between Ann Arbor and Ypsilanti. St. Joseph's doctors, nurses, and staff are dedicated to healing each patient's body, mind, and spirit as they provide hope, compassion, and the most advanced medical care in the community. For more information, you can Google St. Joseph Mercy hospital or visit www.stjoeshealth.org.

Corner Health Center

The mission of the Corner Health Center, located in Ypsilanti, MI, is to inspire 12- to 25-year-olds (and their children) to achieve and sustain healthy lives by providing judgment-free, affordable health and wellness care and education. For more information, you can Google Corner Health Center or visit www.cornerhealth.org.



Guide for Younger Writers



Postcard

In this activity, you will create your own postcard for a healthcare worker.

Items you will need:

- A piece of cardstock or paper, folded to make a postcard-sized rectangle (ranges from 4"x6" to 6"x9")
- Pencils, crayons, markers, pens, or other favorite writing/coloring instruments

Instructions:

1. On the front of your postcard, draw a picture of how a healthcare worker might help someone. For example:
 - a. Can you remember a time when you were sick or hurt? How did a healthcare worker, for example, a doctor or nurse, help you feel better? Draw a picture showing this time.
 - b. Most of us feel good when we're healthy. Draw a self-portrait to show how being healthy makes you feel.
 - c. Is there a doctor, nurse, or other healthcare person who helps take care of you that you really like? Draw a picture of this person doing something to help you or others.
2. After you've drawn a picture, color it in. Focus on making your postcard bright and full of color.
3. On the back of your postcard, write a message to a healthcare worker. You can ask an adult for help if you'd like. Be creative! Some ideas include:
 - a. List three things you'd like to thank a healthcare worker for. Start your message with "Thank you for ..." and then share the three things. You can share more than three too!
 - b. Write a poem that expresses your feelings about the picture you drew on the front of the postcard.
 - c. Write a story about the picture you drew on the front of the card. Tell the healthcare worker what you drew and why it is important or meaningful to you.
4. Make sure to sign your postcard with your first name so the healthcare worker knows who created it.



Guide for Teen and Adult Writers



Thank You Note

In this activity, you will write a thank you note to a healthcare worker. This could take the form of a handwritten note or card.

Items you will need:

- Paper or card
- Pen or pencil

Instructions:

1. Think about why you are thankful for healthcare workers. Below are some prompts to get you started:
 - a. Healthcare workers work hard by ...
 - b. Healthcare workers keep us safe by ...
 - c. I am thankful for healthcare workers' commitment to the community because ...
 - d. I have personally benefited from the care of a doctor or nurse in my community when ...
 - e. I admire healthcare workers because ...
 - f. Someday, I hope to one day be a healthcare worker because ...
2. Write your note! Start with, "Dear Healthcare workers at _____," (fill in the blank with the organization identified by your teacher). Then, continue with, "I'm writing this note to thank you," or a similar opening. Finally, write down why you are grateful for your healthcare worker.
3. You could include a drawing or other hand-drawn decorations to make your note stand out.
4. Sign your note with your first name to make it sound personal.

