



Family Bucket List



Set the Scene for Creating Your Family Bucket List

This is a family activity and opportunity to spend time together, so set the scene for the activity. What day and time would be best for your family? Where would be a good place for your family to be together and to listen and respond to each other? Are there any foods you would like to prepare beforehand? Would you like to have certain background music playing? What will each family member bring to the activity?

Choose Categories

Choose from some of the categories below and begin listing ideas! Each family member can use the boxes on the brainstorm sheet to plan individually before you bring together all of your ideas.

- Things to Do
- Movies to Watch
- Songs to Listen To
- Foods to Make and Eat
- People to Express Appreciation To
- Places to Go (in-person or virtual)
- Traditions to Start
- Things to Make
- Ways to Help in the Community

Pick the Final List

Now for the fun! Come together again and take turns sharing the list items you came up with. Decide which items you would like to do as a family. It might be helpful to choose one person to write down the final list.

Post Your List and Begin Activities

A refrigerator, corkboard, calendar, or family command center are great places for your family to see what's on the bucket list and keep track of what you've been able to do. Consider scheduling your activities so you can look forward to and enjoy your time together as a family!

Reflect on Your List

At the end of your family's holiday season (or whatever time period you've set for doing the things on your bucket list) come back together again to reflect on how your bucket list went. What list items were your favorite? What would you do again? What wouldn't you do again? What made for the most memorable moments? What did you not get to?

Consider keeping your list(s) to compare it/them year to year. New Year's Eve or New Year's Day might be great times to reflect on your lists with your family.



Family Holiday Bucket List - Brainstorm Sheet



Use the tables below to write your own ideas down before sharing as a family. Be creative! The top row is for you to write down the chosen categories. The space beneath are for your holiday bucket list ideas.

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Bucket List



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